

# Spring Lunch

East Kent College, Ramsgate Road, Broadstairs, CT10 1PN

Saturday 7<sup>th</sup> May at Noon 3 Course Meal £13.50.

Guest Speaker

**Sarah Martin On Current Research**



**mnda**  
motor neurone disease  
association

East Kent Group  
Persons living with MND and carers are  
invited as our guests, without charge.

Registered Charity 294354 email [webmaster@mnda-eastkent.org.uk](mailto:webmaster@mnda-eastkent.org.uk) web [www.mnda-eastkent.org.uk](http://www.mnda-eastkent.org.uk)

**SPRING LUNCH 2016-Booking form must be received by Fri 29<sup>th</sup> April**

Booking Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 Phone number \_\_\_\_\_  
 Email \_\_\_\_\_

Guest names 1 \_\_\_\_\_ 2 \_\_\_\_\_  
 Including 3 \_\_\_\_\_ 4 \_\_\_\_\_  
 Booking 5 \_\_\_\_\_ 6 \_\_\_\_\_  
 Name above 7 \_\_\_\_\_ 8 \_\_\_\_\_

Please mark wheelchair user (W)

Number of Guests Living with MND and Carers \_\_\_\_ @ £ 0.00 £ 0.00  
 Other Guests \_\_\_\_ @ £13.50 £ \_\_\_\_\_  
 Total Payable £ \_\_\_\_\_

Menu	Guest Number								Example
	1	2	3	4	5	6	7	8	
Please tick for each guest									
<b>Starters</b>									
Chicken and Leek Terrine	___	___	___	___	___	___	___	___	___/___
Winter Vegetable Soup with Croutons	___	___	___	___	___	___	___	___	___
<b>Mains</b>									
Braised Beef with Mashed Potatoes	___	___	___	___	___	___	___	___	___
Pan Fried Salmon with Crushed Potatoes	___	___	___	___	___	___	___	___	___/___
M'room Spinach and Goats Cheese Pancake	___	___	___	___	___	___	___	___	___
<b>Desserts</b>									
Steamed Apple & Ginger Pudding / Ice Cream	___	___	___	___	___	___	___	___	___
Rhubarb Cheesecake with Orange Sorbet	___	___	___	___	___	___	___	___	___
Fresh Fruit Salad	___	___	___	___	___	___	___	___	___/___

Please tick the menu for each guest - see example column.

Please advise any special dietary requirements eg Nut allergy, Liquidised, etc

Guest Name \_\_\_\_\_ Special Need \_\_\_\_\_  
 Guest Name \_\_\_\_\_ Special Need \_\_\_\_\_  
 Guest Name \_\_\_\_\_ Special Need \_\_\_\_\_

Bookings by post with cheque, to MNDA East Kent, c/o 171 Percy Ave.

Queries [webmaster@mnda-eastkent.org.uk](mailto:webmaster@mnda-eastkent.org.uk) Broadstairs, CT10 3LE

Cheques to be made payable to MNDA East Kent